



Helen

Foster-Collins

☎ 07943 903618

helenfostercollins.com

[Staff profile \(psychology\)](#)

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Research

- qualitative and quantitative research methods
- NHS ethics
- thematic / framework analysis
- semi-structured interviews (face-to-face, online & telephone)
- surveys, transcription
- video data collection
- secondary analysis
- course & service evaluation

Working with the public

- public and patient representatives
- people living with dementia and their caregivers/family members
- volunteer support worker for 'Victim support' charity
- HE, FE & primary students with SEN
- breast-feeding counsellor
- horticultural charity public garden

Teaching

- lectures, workshops and tutorials
- assessment & moderation
- module development & convenor
- supervision of research projects - undergraduate, masters & doctoral

Other skills

- verbal communication
- academic writing
- visual & graphical communication
- project management
- events organisation
- I.T. skills: NVivo, Word, Excel PowerPoint, LaTeX, websites, Eventbrite, Qualtrics, SPSS, Jamovi

Education

2016 - 2020	PhD Education (ESRC-funded) Viva voce passed 23 April (minor amendments), awarded 18 Aug 2020	<i>University of Exeter</i>
2017 - 2019	LTHE ASPIRE/HEA Associate Fellowship & Level 7	<i>University of Exeter</i>
2014 - 2016	MSc Psychological Research Methods (Distinction)	<i>University of Exeter</i>
2008 - 2014	BSc Psychology Hons (First class)	<i>The Open University</i>
Jan - Dec 12	NVQ L2: Supporting Teaching and Learning in Schools	<i>Petroc College</i>
1991 - 1993	BA Philosophy Hons (2:1)	<i>Lancaster University</i>

Research


Apr - Dec 2021	Postdoctoral research associate (0.5) Community gardening research	<i>University of Exeter</i> <i>College of Medicine and Health</i>
Jan-Dec 2020	Postdoctoral research associate (0.5) Optimising prescribing	<i>University of Exeter</i> <i>College of Medicine and Health</i>
Mar - Jun 20	Postdoctoral research associate (0.5) Perinatal psychologist course evaluation	<i>University of Exeter</i> <i>CEDAR (Psychology)</i>
2016 - 2020	PhD student University of Exeter ESRC-funded cross-professional comparison, exploring support for newly-qualified doctors and teachers in 1st year of practice	<i>University of Exeter</i>
2018 - 2019	Researcher Service evaluation & report Funded by SWDTP/ESRC	<i>SOFT UK (charity)</i>
Feb - Jul 16	Data Collector Incredible Years pilot study	<i>University of York</i>
Aug 2015 - Jul 2016	Research coordinator Eating disorders Voluntary position in collab. with Uni of Exeter	<i>Devon Partnership</i> <i>NHS Trust</i>
May - Jun 15	Transcriber Dementia research	<i>Exeter Medical School</i>

Teaching, support & other

Oct 2022 - present	Lecturer Research Tutor - DCLinPsy (0.2)	<i>University of Exeter</i>
Nov 2020 - present	Associate lecturer Psychology (0.8)	<i>University of Exeter</i>
2019 - 2020	Postgrad teaching assistant Psychology	<i>Uni of Exeter</i>
2019 - 2021	Organiser & discussant Symposiums	<i>BERA ECR network</i>
2018 - 2020	Lectures & workshops Abstract writing for conferences, Framework analysis, Inclusivity in HE, Thematic & discourse analysis	<i>University of Exeter & other</i>
2018-2019	Writing mentor	<i>Uni of Exeter, Business School</i>
Feb - Nov 17	Maths & statistics helpdesk	<i>Uni of Exeter, Business School</i>
2014 - 2016	Enabler supporting students with SEN	<i>Exeter College</i>
2012 - 2014	SEN teaching assistant	<i>South Molton Junior School</i>
Jun-Dec 2011	Carer For elderly residents, with dementia and physical disabilities	<i>Hatchmoor nursing home</i>



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Publications, reports & wider dissemination

- In progress* Workplace support for newly-qualified doctors and secondary school teachers: a comparative analysis
Resubmitted to [BERJ](#) after requested changes from Editors
- In progress* Experiences of gardening groups for people with dementia: a qualitative exploratory study
Has been submitted to [Ageing & Society](#)
- In progress* Gardening groups for people living with dementia in the community (Research report) *To be published online and shared with stakeholders*
- Created in 2020 Optimising Prescribing website – created using WordPress
<https://sites.exeter.ac.uk/optimising-prescribing/>
- May 2021 The problem with feedback Opinion piece [MedEdPublish](#)
- Jan 2021 **ESRC Impact Acceleration Account-funded project Final report**
Optimising prescribing feedback conversations: enabling and empowering prescribers to enhance prescribing development and patient care
- Sept 2019 Trustworthiness. [SENTIO Journal](#), 1, 15-23.
Student-led peer-reviewed journal
- Aug 2019 A report of experiences and feedback from parents and carers. On behalf of [SOFT UK](#) SWDTP-funded ‘research co-op’
- Sep 2018 To thrive, new teachers need environments of trust [BERA blog](#)
- Dec 2017 Interprofessional learning, support and feedback in early career professionals [Research Intelligence](#), 134, 28.

Conferences

Paper presentations, symposiums, workshops & posters

- Sep 2021 **BERA annual conference** ‘A self-assessment tool for secondary schools, on workplace support for newly-qualified teachers (NQTs)’ [LINK to TOOL](#)
- Mar 2019 **Graduate School of Education research conference** *Uni of Exeter* ‘Optimising prescribing feedback conversations’
- Nov 2019 **SWDTP Conference:** “Effective and innovative research communication”
Radio-style interview on research findings
- Sep 2019 **BERA annual conference** ‘Peer and near-peer support for newly-qualified teachers and doctors’
- Aug 2019 **ROGANO** Medical education, Vienna ‘Ambiguity in professional work’
- Jul 2019 **ASME annual scientific meeting**
‘Integration of mixed data types, how does it all hang together?’
- Mar 2019 **Graduate School of Education research conference** *Uni of Exeter*
Symposium: ‘Challenges and opportunities: cross-professional comparisons’ & conference organiser
- Nov 2016 – Sep 2018 **BERA annual conference** (Presentation),
ASME annual scientific meeting (Presentation),
ESRC NCRM Research Methods Festival (Poster),
World of Work network (Presentation),
GSE Research Conference (Workshop: ‘Equality & diversity in Higher Education’ & conference organiser),
Postgraduate research showcase (Poster),
GSE Staff student research conference (Presentation),
SWDTC conference: “Building bridges in research” (Poster)